

Food Resources & Additional Supports for Brewster Residents – March 2020

FOR ELDERS:

Brewster Council on Aging (COA)

- The Council on Aging has information about available meals and food assistance for seniors. The Council on Aging with assistance of Nauset Schools Food Service is providing some meals to our senior residents who are not eligible for Meals on Wheels.
- Please call the Brewster COA at 508-896-2737.

Meals on Wheels

- Meals on Wheels delivers meals to people aged 60 and over who are homebound and unable to prepare their own meals.
- For more information call Elder Services, Information and Referral at 508-394-4630 or 1-800-244-4630.

FOR CHILDREN:

Nauset Schools meals for children 18 and under

- Free breakfasts and lunches can be picked up for families with children age 18 and under.
- In Brewster, these “grab and go” meals are available at Stony Brook Elementary School (384 Underpass Road)
- Pick-up Times: Monday – Friday from 10AM – 1 PM

FOOD PANTRIES:

The Family Pantry of Cape Cod

- 133 Queen Anne Road, Harwich, MA 02645
- Phone: 508-432-6519
- Website: www.thefamilypantry.com
- In-car food pick-up procedure.
- Pantry hours for food pick-up: Tuesdays 10AM-3:30PM, Wednesdays 10AM-Noon, Thursdays 10AM- 3:30PM & 5-7PM, Saturdays 10AM- Noon.
- See website or call for additional information and to confirm opening hours.

Lower Cape Outreach Council (LCOC)

- 19 Brewster Cross Roads, Orleans, MA 02653
- Phone: 508-240-0694
- Website: www.lcoutreach.org
- See website for list of pantry openings by date, time, and location. Curbside pick-up procedure of prepackaged groceries.
- If you are not yet a registered patron, please call LCOC to sign-up before going to a pick-up site.

St Vincent de Paul Society, Our Lady of the Cape Church

- 468 Stony Brook Road, Brewster, MA 02631
- Phone: 508-385-7582
- Call and leave information, a volunteer will return the call. Delivery available.

Hands of Hope Food Pantry

- 49 Rt. 28, West Harwich, MA 02671
- Phone: 508-432-1312
- If not already registered, please call for intake and to schedule food pick-up.
- Hours for food pick-up by car: Monday & Friday 10AM-3PM, Tuesday, Wednesday & Thursday 1PM -3PM.

OTHER ASSISTANCE:

Brewster Council of Aging (COA)

- The Brewster COA is an excellent resource for residents who are 60 and older. Senior residents are encouraged to call for possible assistance as well as for referral to available services.
- Phone: 508-896-2737.
- Website: <http://www.brewster-ma.gov/departments-mainmenu-26/council-on-aging-mainmenu-35>

Cape and Islands Major Crisis Relief Fund

- Services include financial aid for food, housing, transportation, and medical/mental healthcare.
- Phone: 508-778-7107
- Email: MCRF@needyfund.org

Homeless Prevention Council (HPC)

- HPC is available to provide comprehensive case management services to neighbors in need on the Lower and Outer Cape. Services available by phone or email, 9AM-4PM, Monday- Friday.
- Phone: 508-255-9667
- Email: Info@HPCapeCod.org
- Website: www.hpccapecod.org

Housing Assistance Corporation (HAC)

- HAC provides guidance and assistance for housing related needs.
- Phone: 508-771-5400
- Website: www.haconcapecod.org/contact/get-help/

Lower Cape Outreach Council (LCOC)

- LCOC provides short-term emergency food and financial assistance to residents of the Lower Cape. Services remain available by phone or email.
- Phone: 508-240-0694
- Website: www.lcoutreach.org